

# HOCKEY ROADMAP



BLOOMINGTON  
ICE CENTER

## LEARN THE BASICS

*All Year* - Open Skate - Learn to Skate

Tots 1 - Ages 3-5

Blades 1 - Ages 6-14

LTS Teen/Adult - Ages 15+



Learn to Skate classes are designed to develop skaters of all ages and help them learn the basic skills of skating. Gear is optional, no stick or puck at this stage. Once skaters have passed Learn to Skate Tots 1 or Blades 1 classes they may transition to the Learn to Play programs. Classes run 30-40 minutes.

## LEARN TO PLAY HOCKEY

*All Year* - Learn to Play

Hockey Tots - Ages 3-5

Hockey Learn to Play - Ages 6-14

Teen/Adult Learn to Play - Ages 15+

Learn to Play classes are designed to continue to learn basic skating and adding hockey skills. Players will start learning to pass, shoot and score! Full ice hockey equipment is required, helmet with facemask required for all players 18 and under. Classes run 40-60 minutes.



## TRY HOCKEY FOR FREE EVENTS

Bloomington Ice Center hosts two (2) Try Hockey for Free events (Feb. & Nov.) annually for anyone ages 4-10 interested in the game of hockey.

## START PLAYING HOCKEY

*Fall/Winter*

Ages 4-8: 6U/8U Cross Ice Recreational Hockey League

Ages 9-14: Bloomington Ice Center 10U/12U/14U Recreational League (Recreational Hockey)

Ages 9-18: BYHI Travel (Competitive Hockey) and CIGHA Travel (All Girls Competitive Hockey)

Grades 9-12: MCYHA High School Hockey (JV and Varsity)

Ages 18+: Bloomington Ice Center Adult League (Recreation Hockey - A, B, and C Divisions)

*Spring/Summer*

Ages 4-8: 3 on 3 and Skills Clinics

Ages 8-18: Bloomington Ice Center, BYHI, CIGHA, and Other Camps, Clinics, and Leagues

Ages 18+: Spring - Adult 3 v 3, Summer - Bloomington Ice Center Adult League (Recreation Hockey - A, B, and C Divisions)

Bloomington Ice Center offers recreational opportunities while our Local Hockey Clubs (BYHI, CIGHA, MCYHA) offer competitive hockey opportunities. The purpose of these programs are to develop players and help them obtain the skills to compete and enjoy the sport of hockey at all levels.



## WATCH

ISU D1, D2, and D3 Hockey Teams will play at the Bloomington Ice Center.

Bloomington Bison play at the Grossinger Motors Arena attached to the Bloomington Ice Center.

## SPECIAL HOCKEY: SOAR AND CENTRAL ILLINOIS COURAGE – SPECIAL HOCKEY

Special hockey is an adaptive version of ice hockey for athletes with intellectual, developmental, or physical disabilities.



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